

# The Healing Doll Way

## A Weekend Workshop

With Barb Kobe

Assisted by Rita Benson



**Friday, April 12, 2019 to Sunday, April 14, 2019 (4:00)**

Join us for this exciting guided process of creating three dimensional figures called healing dolls in the pursuit of healing, self-discovery, awareness, and transformation. This is an intentional expressive art process that contributes to a deeper level of understanding and acceptance of yourself. The act of making a doll can take you through a process of imagination, recovery and growth. No art experience is required to participate.

**Friday Evening (7:00—10:00):** Set a healing intention and make faces using face moulds as well as learning how to make your own faces.

**Saturday (9:00—5:00):** Using different techniques make one or two dolls that relate to your healing intention. (Lunch is provided.)

**Saturday Evening (7:00—9:30)** Open Studio time

**Sunday Morning (9:00—noon)** Complete your dolls (Lunch is provided.)

**Sunday Afternoon (1:00—4:00)** Naming your dolls, Closing Ritual.

**Barb Kobe** is author of the book, "The Healing Doll Way—A Guided Process Creating Art Dolls for Self-Discovery, Awareness and Transformation". She is a devoted personal journeyer and artist who developed this process beginning in 1999 and has facilitated numerous individuals in person and online in creating their own healing doll figures.

**Cost: \$430.00** (includes workshop, supplies and two lunches)

**Location:** Hearth Place Cancer Support Centre, 86 Colborne St. W., Oshawa, ON, Canada

**Note:** This is not a residential retreat. Make arrangements for a Bed & Breakfast or a hotel or contact Rita to see if she can arrange a billet with someone.

**To Register: Contact Rita Benson**     [rita@willingspirits.com](mailto:rita@willingspirits.com) or 905-725-9584 Ext. 1

***"Art washes away from the soul the dust of everyday life". Picasso***

*If you do not wish to receive information about these events, please email [rita@willingspirits.com](mailto:rita@willingspirits.com) and ask to be removed from the list.*